

# MATT REDMAN

## UNBROKEN PRAISE

[ THE STORY BEHIND THE SONG ]

AT ABBEY ROAD STUDIOS



# THE AWESOME GOD YOU ARE

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Something happens when we lift our eyes off the things that are troubling us and choose instead to look to Jesus Christ. It's not about escapism, it's about perspective - a matter of what we are choosing to let speak into our lives. And even though our circumstances may not change straight away, the way we see them might. Fixing the eyes of our hearts on Jesus in worship is first and foremost an act of honouring Him, but it's also so healthy for us ourselves. We soon discover that not only is Jesus worthy of our worship, He's worth worshipping too.

Pretty early on in my life I learned that the throne room of God is not just a place of reverence, it's also a place of refuge. It's a good place to hang out if we're looking for some stability in life. When everything is breaking, when life seems fragile and temporary, or our circumstances are shaken - there He stands, as glorious as ever, unshakeable and unfading - in all His majesty, power and authority. However hard our circumstances, God never changes.

We can be so quick to cry out 'God help me!' when things start going wrong in life. It's a good and Biblical prayer, but I think it shouldn't be the only one we offer up to God in difficult times. Praying for help is powerful, but so is calling out "hallelujah!" Sometimes just the very act of lifting our hearts to Him and singing out praise can change something deep on the inside of us.

My favourite line in this song is 'God let hope arise, let faith become fortress of my heart.' Setting your eyes on Jesus Christ and believing Him in the storm is a fantastic way to protect our hearts and minds from the battles that we go through in this life.